## **Elementary Daily Schedule**

(Virtual)

Time

6:00 a.m.

Wake-up

**Prepare for School** 

- Dress in school clothes
  - Eat breakfast

7:25 a.m.

Log on

**Learning begins** 

2:50 p.m.

**School day ends** 

Relax/Have a snack

**Complete homework** 

Enjoy family/read

7:30 p.m.

Prepare for bed

8:00/8:30 p.m.

Sleep

Friday- Pick up meals for the upcoming week

10:00 a.m. -12 noon

## Middle & K-8 School Schedule

(Virtual)

**Time** 

7:00 a.m.

Wake-up

**Prepare for School** 

- Dress in school clothes
  - Eat breakfast

8:00 a.m.

Log on

**Learning begins** 

3:25 p.m.

**School day ends** 

Relax/Have a snack

**Complete homework** 

Enjoy family/read

8:30 p.m.

Prepare for bed

9:00 p.m.

Sleep

Friday - Pick up meals for the upcoming week

10:00 a.m. -12 noon